


WHITE DESERT

30/11/2025 - 06/12/2025

Explore by foot a small and little visited desert, which offers very beautiful and varied landscapes. A great tour for desert lovers! The smooth organisation makes this trip suitable to the sportier as well as to the more contemplative ones.



Level 2 & 3	Tours which can include full-day hikes (up to 800m elevation gain) and not too difficult aquatic hikes. We have cars with us during the whole tour ; if some persons do not want to do some hikes or some canyons, they can always go by car to the arrival point and enjoy free time in beautiful places, or even often be offered an alternative easier program.
Length	7 Day
START	30/11/2025 @ 08:00 AM We can pick up you from your hotel anywhere in Nizwa SPECIAL OFFER : - Book previous trip 'Trekking - From Wadi Sahtan to Wadi Bani Awf' starting on 23/11/2025 and get 50 OMR discount + 2 nights (28/11 and 29/11) B&B in a nice hotel near Nizwa souq
ENDS	06/12/2025 @ 06:00 PM We can drop you any where in Nizwa (hotel, bus station, taxi station) We can also organize transportation back to Muscat if you want...
	6 Nights wild camping (with tents, thick mattress, mats, dishes, cooking gear), comfortable (but with no toilets) with the assistance of vehicles. Usually participants pitch their tent by themselves while we set up the collective camp
Price per person	500 OMR (1309 USD)
GROUP OF	3 To 10
Tour guided in	English
Guide	

Itinerary White Desert



Note about luggage transportation We have vehicles ; so luggages are always transported by car. You only have to carry day-pack while hiking.

About Desert We usually go for a hike of 3 to 5 hours in the morning. Heat and soft sand can make it a bit difficult. Late afternoon, we go for another walk around the camp from 1 to 2 hours. It is always possible for someone not to do the walk and stay at the camp or go for a shorter walk. On the other hand, the ones who want to walk more can go earlier in the afternoon and do a longer tour alone. In the desert, we'll have 3 different camp sites for respectively 3, 2, 1 nights. On the camp, we set up a big tent (pictures below) to have shade at noon and to protect us in case of sandwind.



DAY 1

30/11/2025

- Lunch - Dinner

🚌 Transfer to the white desert, among rocks and sand (3 hours 30 - 350 Km)

✓ **Sunset between White desert and rocky hills (2 hours)**

[🏠 White Desert](#)

We walk up a small plateau next to our camp. On the one side we perceive the white desert which we will cross the day after. On the other side, the sun sets on rocky hills.

- *Level 1**

- *Walking time : 1 to 2 hours*



Camping between black rocks and white sanddunes

Individual camping tent



DAY 2

01/12/2025

Breakfast - Lunch - Dinner

✓ Hike in the surroundings of the White Desert (6 hours)

First hike in this very diverse desert! We leave the camp early morning for a loop hike that will take us back to the camp around noon : rocky hills covered by white and beige sand, sparse vegetation, camps of bedouin breeders, and sometimes views over the Indian Ocean over the horizon. After lunch, we spend early afternoon under the shade. Late afternoon we go for another walk, shorter, to enjoy the landscape under the warm light of the setting sun. Finally we have a good dinner and enjoy a night under the stars (...or the moon?!...)

- Level 2 & 3*

- Walking time : 4 to 5 hours

- Height difference : +200m/-200m

[White Desert](#)

Camping between black rocks and white sanddunes

Individual camping tent

DAY 3

02/12/2025

Breakfast - Lunch - Dinner

✓ **Hike in the surroundings of the White Desert (6 hours)**


Today, we make again a loop-hike from our camp, but in another direction : sand is mor white, as well as the rocks that crop out, and the ocean is nearer... Late morning, we reach our camp again, have lunch and rest. Late afternoon, we'll go for another walk to contemplate the setting sun.

- **Level 2 & 3***- **Walking time : 4 to 5 hours**- **Height difference : +200m/-200m**[White Desert](#)**Camping between black rocks and white sanddunes***Individual camping tent*

DAY 4

03/12/2025

Breakfast - Lunch - Dinner

 Transfer to the white desert, among rocks and sand (0 hour 30 - 30 Km)

✓ **Hike across sand dunes and rocky outcrops (6 hours)**

A very beautiful day : we walk across sand dunes and meet on the way many rocky outcrops. The sand is sometimes red, and sometimes white. We arrive at our camp around noon and enjoy some rest under the shade. Late afternoon, we walk to the top of the sand dunes to see sunset over this spectacular landscape with trees, rocks, and sand...

[White Desert](#)

- Level 2 & 3*

- Walking time : 4 to 5 hours



Camping in the desert

Varied landscape : sand dunes, rocky hills, and an accacia "forest"

Individual camping tent



DAY 5

04/12/2025

Breakfast - Lunch - Dinner

✓ **Day in a rocky and sandy desert (7 hours)**

We spend the full day in this so beautiful and unusual place where rocky hills of various colours are covered with red or cream sand. We go for a walk early morning and come back to our camp late morning when it starts to get hot to have lunch and take rest under the shade. Late afternoon, when the light becomes beautiful and the heat decreases, we go for another walk until sunset.

[White Desert](#)

- Level 2 & 3*

- Walking time : 2 to 5 hours

**Camping in the desert**

Varied landscape : sand dunes, rocky hills, and an accacia "forest"

Individual camping tent



DAY 6

05/12/2025

Breakfast - Lunch - Dinner

✓ **Hike across White desert (6 hours)**

We have a long hike in a wonderful and unexpected landscape. We start from our campsite where the sand is rather beige and we walk across small rocky plateau, sandy valleys, and dune areas. The more we walk the whiter is getting the sand. Finally we discover wonderful pure white sand dunes. Irreal landscape... We walk across the dunes and arrive to the sea around noon... We set up our camp, have lunch, and enjoy swimming in the indian ocean. Late afternoon, we start walking again across white sand dunes to enjoy sunset.

- **Level 2 & 3***- **Walking time : 3 to 5 hours**[White Desert](#)**Camping in the White desert, next to the sea**

Unusual landscape : on one side we have pure white dunes, whereas on the other side we have the Indian Ocean...

Individual camping tent

DAY 7

06/12/2025

Breakfast - Lunch -

✓ **Morning in the white sand dunes and in the Indian Ocean (3 hours)**

This morning we take time to enjoy this magical place. Here are the activities we can do : walking in the white sand dunes, walking and birdwatching along the beach, and swimming.

[White Desert](#)

🚌 Transfer to Nizwa (3 hours 30 - 350 Km)



① Difficulty level Hiking & Easy Walking

Level 1	No difficulty. Easy and short walks. Appropriate for anyone walking occasionally
Level 2	Easy hikes with elevation gain of less than 300 meters with no big terrain difficulty
Level 3	Hikes with an elevation gain from 300 to 800 meters. Appropriate for those who are used to walk in the mountain. The hikes mentioned Level 3 with a lesser elevation gain present terrain difficulties
Level 4	Hikes with an elevation gain from 800 to 1100 meters. For fit mountain hikers
Level 5	Long hikes with an elevation gain of more than 1000 meters and may require scrambling or easy climbing in some parts of the trail